

Alcohol and Substance Abuse Awareness

The impact of alcohol & substance abuse on our wellness, safety & productivity



Did you know that South Africans have some of the most hazardous drinking patterns in the world?



About 60% of people who use alcohol in South Africa engage in binge drinking (WHO, 2018)?



Alcohol remains the primary substance of abuse in South Africa, up to 31.5% of South Africans have an alcohol problem or are at risk of developing one (*NDMP 2006-2011*). The impact on Health and Safety especially in high risk environments can be devastating and despite zero tolerance policies and regular testing, we still encounter alcohol abuse in the workplace.

PeopleSmart has successfully developed and implemented a number of alcohol and substance abuse interventions in the workplace. We will partner with you and your existing wellness stakeholders (e.g. your EAP service, SHE reps etc.) to deliver an alcohol & substance abuse intervention that enables and builds on the strengths of your existing wellness services.

1. Review of your alcohol and substance abuse policy

2. Health Education and Promotion

3. Support Resources

4. Integration into your existing wellness services

Contact us for more information:



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Intervention tailored to your business needs